

The project work on the Church continues...

### FROM THE VICARAGE

### Julian E LI White

Dear People of the Parish,

Having recently been involved in the termination of things, I found it invigorating to witness the continuing and improvement of other aspects of church life.

I refer to the renovation of our church fabric at Shirenewton.

The other day I fell into conversation with some of the craftsmen entrusted with repairs to the ancient structure and was pleased to receive what amounted to a progress report from them.

Presently the location looks like a bomb-site. But don't be fooled. The west wall has been stripped of decaying and unsightly plaster and the wonderful stonework has been exposed – let us hope that it can stay that way! Replacement electrics have been installed, illuminating the sanctuary area and choir stalls to very good effect. Other areas of the building are covered in scaffolding whilst they await remedial attention.

Regular worshippers, doubtless, have been inconvenienced by the disruption to normality. This however seems a small price to pay for the improvement and comfort which is anticipated. And that lies at the heart of the matter: We are not just involved with repairs to what exists but with new opportunities which beckon in the future. This, it appears to me, is what the church (with both a minor and capital 'C') should be about. Practical considerations lead to the possibility of spiritual progress.

Special thanks must be accorded to Bill Clark, Janet Horton and Charles Eickhoff – among others – for being responsible in driving this project forward. Members of the PCC are also to be included in this respect.

It must be remembered that this undertaking is as much for the benefit of nonchurch members of the local community as it is for the religious section of the area. The amalgamation of the two, as witnessed recently in the funeral service conducted by the Revd. John Waters, is an example of this. The church should exist to cater for the needs of the community as a whole, thus being reflective of a symbiotic relationship.

I should like to express gratitude as well to those associated with Shirenewton who gathered in Mathern Church the other week for the solemn occasion of Rick Hayes' Requiem Mass.

The church was full for the funeral and I am indebted to Revd. Nansi Davies for sharing ministry with me on this occasion. Rick, although a comparative newcomer to priestly duties at Shirenewton, made a lasting impact on many of those with whom he came into contact. It seems fitting that the shared belief which he represented should continue with strength and purpose into the future.

Please remember in prayer, Tracey – Rick's wife – and their children in the weeks that lie ahead.

With every good wish and blessing.

Julian White (Rector)

### FROM THE PARISH REGISTERS

The funeral and interment of Margaret Hughes took place on Saturday 5<sup>th</sup> October 2019 at St Thomas à Becket Church, Shirenewton

# HOPE CHAPEL, EARLSWOOD CHRISTMAS FAYRE

Saturday, 2nd November 2019 10.30am - 1.30pm

Christmas gifts, wrapping & delights, mammoth raffle, tombola and cake stall.

Entry adults £1.00

Free tea, coffee and biscuits.

### **ALL MONEY RAISED GOES TO CHAPEL EQUIPMENT**



## Shirenewton 800 events

## Dates for your diaries – save the date

**15 Feb 2020** – **Concert** in the church by St Woolos Sinfonia (the professional standard orchestra in the city of Newport) with special guest Philippe Schartz, Principal Trumpet of the BBC National Orchestra of Wales

**18 April 2020 – Strictly Shirenewton!** At Earlswood Hall. With Monmouth Big Band. Get your dancing shoes on and come and sparkle!



I have found some money this month in Mynyddbach. If anyone has lost some, please contact 01291 641597. If unclaimed, I will donate it to charity.

### **Shirenewton Community Council**

### Extracts from the minutes of the October 2019 meeting

### **Vacancies on the Community Council**

# There are two co-opted vacancies for members to represent the Shirenewton ward.

If you are interested in supporting the community and would like to join the Council, then please contact the Clerk (details below)

### Planning applications considered:

### 1. DM/2019/01405 Buckwell Farm, Old Road, Penycaemawr.

**For Information Only -** Installation of a 15m monopole mast painted brown on a concrete base accommodating 2No shrouded antennas and 2No 300mm colour matched transmission dishes for the EE Emergency Services Network (ESN).

Although this application was not for consultation, Council responded to ensure that the proposal did not affect Footpaths 380/153/1 or 365/6/1.

### Other items of interest Monthly police report -

9/9/19 – Report of fly tipping in the Red House Lane area. A quantity of household waste and paperwork were left. The rural crime unit and the local council will make enquiries in a bid to identify the offenders. 21/9/19 – Report of a house broken into during the day in Mynyddbach while resident were out. A rear window was forced and entry gained. An untidy search was made of the property but it is believed that nothing was taken.

22/9/19 – Report of an attempted break to a property in Mynyddbach. Possibly done at the same time as the above as the residents had been away and reported it on their return. No entry was gained.

There have been no calls to Brookacre since the last meeting.

**Village Plan Survey** – you will have received a copy of the Survey results with the October issue of the Parish Magazine. For anyone that did not have them, copies are also available on the Council website, with paper copies in the telephone kiosk, noticeboards, church and by e-mail from the Clerk.

**Five Year Plan -** Following the survey results the Council is developing a five year plan 2019 - 2024 which is included in this issue. Councillors attended the October Village Market to discuss the Plan with interested residents and will also be at the Village Market on 21<sup>st</sup> December.

Many thanks to the Magazine editor for agreeing to include the Five Year Plan.

**Highways meeting** – the Community Council has requested a site visit at Shirenewton with Highways Officers to reconsider longstanding highways issues – enforcement of speed limits on the B4235, white lining in Shirenewton centre, compulsory 20 mph speed restrictions through the village and through Mynyddbach, contradictory 20/30 mph signage and a community speedwatch. These are all issues raised from the recent survey. No date has been confirmed as yet.

**Future Coffee Mornings** – Councillors attended the October Village Market to engage with residents and encourage them to discuss the results of the community survey and the five year plan. They will also be at the December Market on the 21<sup>st</sup>.

**Mobile Post Office** – following the survey results, the Council is negotiating with the Post Office for a mobile service in Shirenewton. The request seems likely to be successful, subject to an acceptable mobile signal in the recreation hall car park (currently not a strong signal) – the Post Office has made an assessment of the site and will get back in touch. Not likely to happen before Christmas.

**External Audit Report for 2018/19** - Council approved and accepted the Annual Return for 2018/19. It was noted that the information contained in the Return was in accordance with proper practices and no matters came to the Auditor's attention giving cause for concern that relevant legislation and regulatory requirements had not been met. Council further noted that the required audit information, including the Notice of Conclusion of Audit, had been displayed in community noticeboards and on the Council website since 26.9.19.

**Dates of future meetings** – Monday 4<sup>th</sup> November and Monday 2<sup>nd</sup> December at 7.00pm at the Recreation Hall, Shirenewton Members of the public are welcome to attend and may speak with the Council for the first 15 minutes of the meeting.

Find more information in draft copies of the minutes on the Community Council notice boards. Previous, approved minutes of meetings can be found on the Council's website <a href="https://www.shirenewtoncc.org.uk">www.shirenewtoncc.org.uk</a>

Contact the Clerk to the Community Council - Mrs Hilary Counsell
Tel: 01291 421307 E-mail: Shirenewtoncc@gmail.com

Take a look at our new and improved website www.shirenewtoncc.org.uk

### **Shirenewton Village Market news!**

In September my shopping basket was full, going home from the market with homemade bread, soup, several pots of chutney, honey, fresh veg and a couple of Birthday cards. Just a sample of what was on offer – my will power was strong enough to keep me away form the homemade cakes this month & I'm saving my pennies ready to peruse the craft stalls next month.

Our next markets are *Christmas Markets!!* 16<sup>th</sup> November & 21<sup>st</sup> December! We're expecting a good turnout with all the usual stalls & more selling fabulous items to help you with your Christmas shopping. Can't wait to see what stalls will be there! I'm sure there'll be lots to choose from. Representatives from the Community Council will be at the December Christmas Market to discuss results from the community survey.

If you haven't visited for a while – why not come along – don't take my word for it - we have a couple who come regularly from Cwmbran to our market – they love wandering around the stalls & having a leisurely coffee. They told me they thoroughly enjoy the friendly atmosphere & love the unusual handcrafted gifts they've found. They put the date in their Diary, so they don't miss one & are really looking forward to our Christmas markets!



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# Shirenewton Community Council 5 Year Plan 2019-2024

Drawing from the results of the recent village survey the following table sets out what we propose to work on over the next few years. These are steps that we believe are within the scope of our Council. The plan will be updated as progress is made and new items added so please check on our website from time to time for the latest version.

One of the popular suggestions from the survey was the provision of a village shop/café but it would need premises for it to run as a business whether for profit or not. If you are interested in taking this on as a project or have another community concept and are bursting with the energy to drive it forward do get in touch with us.

Children's Playground			
Subject Detail	Action	Progress	Estimat- ed Cost
The children's playground is located next to the Recreation Field carpark in Shirenewton.  The playground is provided and maintained by the Shirenewton Community Council.	Continue with updating the playground equipment as required	Ongoing	£4,000 per year
Annual safety inspections of the playground are carried out by Monmouthshire County Council.			

Recreation field			
Subject Detail	Action	Progress	Estimated Cost
The recreation field is owned and maintained by Shirenewton Community Council.			
The recent Community Survey brought many comments and ideas from the Community residents among which were re- quests for the following facilities:-			
a) hard path around the Recreation Field for walking, jogging and chil- dren's cycling	Research costs of in- stalling a hard path around the recreation field	Ongoing	Quote to be obtained
b) Provision of picnic tables and addi- tional benches	Budget for picnic tables and benches	Ongoing	Quote to be obtained

### **Amanda**

Fully qualified, experienced Hairdresser / Barber

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Contact jonesfreebird@aol.com or call 01291620334 / 07753835984 for a consultation.

Road Safety			
Subject Detail	Action	Progress	Estimat- ed Cost
The present speed limit through the Shirenewton and Mynyddbach villages is 30mph with an advisory speed of 20mph due to there being no pavements.  It is felt the contradictory signs confuse drivers.  The recent Community Survey brought many comments about road safety with speeding being seen as the main issue.	Revisit with Monmouth- shire County Council for compulsory 20mph speed limits and alteration of contradictory signage	Ongoing  Note:- This will take time, Community involvement, limited Monmouthshire County Council resources and Welsh Government funding.	Cost to SCC is unknown at present due to no funding yet being provided by the Welsh Government for 20mph default speed in residential areas.



### It's Panto Time again. Oh, yes it is.

So what's the panto going to be this year? Well this is a big dark secret, so fee fie foe fum, you'll have to come along to find out. Also if you want to take part, let me know soonest, and I can email you the script as my printer isn't working. Yet again. If treading the boards isn't your thing but you'd like to be involved please let me know! We would be delighted to welcome new people for the refreshments, costumes props, publicity oh! the list is endless. Also could you let me know if you know of any Child Actors who would like to appear on stage. Glynis on 641 818 glynis.macdonald@btinternet.com

Wildflower Verges			
Subject Detail	Action	Progress	Estimat- ed Cost
There are two sections of verges nominated by MCC as Wildflower Verges. One runs from Home Farm, Red House Lane towards The Cwm, and the other along the Crick Road from Coalpits to Runston Farm.  MCC has recently issued a draft Response to the Climate Emergency action plan which includes a section about expanding pollinator-friendly management work and reducing grass cutting frequency. We look forward to this becoming policy in the near future.	We will mark these sections with white posts which, hopefully, will prevent them being cut until late summer, unless parts of them cause a traffic safety concern.	Ongoing	No cost to SCC

### To advertise in this magazine contact

Bill Clark: 01291 641783; parishmagshirenewton@gmail.com

**Advertising Rates for Commercial organisations** 

12 months 10 issues

Full page £80

Half Page £40

Quarter Page £20

Advertising for Local and Charity organisations is free.

### The Huntsman Hotel

We will be holding our "Winterfest" music festival in aid of "Shirefest" Noah's Ark Children's Hospital fundraising group on Saturday 30th November 2019. 8 pm till 11.30 pm. £8 per ticket including buffet.

### **BRING AND SHARE**

The PCC is bringing back the popular Bring and Share evenings in the Saysell Centre from November this year (with a break in December for Christmas festivities and another break in January for the Pantomime). We have lined up an exciting programme of speakers including:

Friday 8<sup>th</sup> November 2019 – Andrew Baker will talk about his time in Nigeria as an army doctor

December 2019 – break for Christmas – see Christmas activities elsewhere in this magazine

January 2020 – break for the Shirenewton Pantomime – book your tickets! – see advertisement in this magazine

Friday 21<sup>st</sup> February 2020 – John Burrows will talk about Chepstow's six Grade One listed structures with special emphasis on the Castle and our Grand Knight William Marshall. He will be giving a similar talk to the Shirenewton Local History Society in October.

Friday 13th March 2020 – Jenny Bonner will talk about her Two and a Half Years on South Georgia

Friday 17<sup>th</sup> April – Mary Watkins will talk about her experiences in Rwanda developing rugby whilst working at a teacher training college, supporting women's cooperatives, helping young women set up in business, founding a nursery school and supporting former students, and training Rwandan volunteers and teachers.

### ST PETER'S CHURCH, NEWCHURCH

Carol and Christingle Service- Sunday 15th December 2019 @ 2.30p.m.

Join us in the church, for carols around the Christmas Tree and a spectacular Christingle Procession.

Mulled Wine, Sherry and Mince Pies afterwards.

## CHRISTMAS EVE SERVICE TUESDAY 24TH DECEMBER 2019 @ 3 p.m.

Carols around the Christmas Tree outside (weather permitting), then processing to the church (hopefully with a donkey).

Mulled Wine, Sherry and Mince Pies afterwards.

### HOPE TO SEE YOU THERE.

### FRUIT PICKING

Are you blessed with fruit and nut trees in your garden but are unable or lack the time to pick the harvest? We are a group of local families who'd like to help.

We're offering to come and pick the fruit for you, giving you the supply



you need in exchange for some for ourselves and to distribute any surplus to members of the community who would like some, we will leave some behind on the trees for our wildlife too.

If you'd like us to come and harvest your fruit, would like to volunteer or would like to be offered surplus fruit please contact Emma Walker on 01291 641516 or email me <a href="mailto:emmail

### **Shirenewton Village Market news!**

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## BIBLE STUDY GROUP

The Shirenewton Bible Study Group is a friendly group who meet on one evening a month in the home of one of our very hospitable members to study the bible.

We focus to the readings from the lectionary for the Sunday preceding our meeting, so you can come along at any time, you won't have missed anything! Although many benefit from attending regularly, there is no obligation to do so and many members come when they can.

Meetings in 2020 are scheduled for the following dates:

Thursday 2<sup>nd</sup> January Thursday 27<sup>th</sup> February Thursday 30<sup>th</sup> April

Thursday 25th June

Wednesday 29<sup>th</sup> January Thursday 26<sup>th</sup> March Thursday 28<sup>th</sup> May

If you would like to join the group or to be kept informed of the location of meetings, please ask to be added to our distribution group by contacting me via <a href="mailto:lem.shirenewton@gmail.com">lem.shirenewton@gmail.com</a> or calling 01291 641175.

### Nerys's Natty Nosh

## Stuffed Grilled Chicken with Lentil Casserole



### Serves 2

### **Ingredients**

2 chicken breasts 2 slices of cheese 4 slices of Prosciutto ham Lentil casserole

1 tablespoon olive oil
1 onion chopped
1 small red pepper
deseeded and chopped
1 tin of lentils
1 garlic clove, chopped
Tin of tomatoes
½ teaspoon each of
Paprika, ground
coriander, turmeric and
ginger

1 teaspoon agave 1 tablespoon port Salt and pepper to taste

### **Method**

1 In a large frying pan add the olive oil and gently fry the onions, peppers, garlic until soft.

2 Add the lentils, chopped tomatoes, spices and all the other ingredients. Simmer gently for 15 minutes and cover with a lid. Season to taste.





# Update on repair works at the Church



### SHIRENEWTON 800 TRENCH DIGGING AND OTHER SUPPORT

A big thank you to the hardy individuals who turned out on a very rainy Friday to help dig the trench for the new electricity supply to the church as part of the project of repairs and improvements. See the proof in the photographs on the front of this magazine! We were required to dig it by hand under the supervision of a Home Office licensed archaeologist in case anything significant was unearthed. We found only stones, roots, pieces of coal and some broken pottery and glass! Thank you to Glynis Macdonald, Jacquie Broughton, Mike Penney, Ian Bowler, Andrew Baker and Bill Clark.

Thanks also to the small team (Mark Broughton, Andrew Baker, Bill Clark) who have helped to move the rubble that has been chipped off the inside of the church walls over the last few weeks and take it down to the skip at the bottom of the church yard.

Also to those too numerous to mention who pitched in and undertook a lightning fast deep clean to enable the church to be used for a funeral while the building work is ongoing.

We cannot complete this project without significant volunteer support and all help is very much appreciated. We would be delighted to hear from anyone who is interested in helping in any way.

Charles Eickhoff and Janet Horton
Charles Eickhoff <u>eickhoff@btopenworld.com</u>
or Janet Horton (641783) would be pleased to hear from you.





# MUSICAL DIRECTOR: GRAHAM BULL CCS is affiliated to Ty Cerdd & Making Music, and is a Registered Charity (no. 112798) www.chepstowchoralsociety.org.uk

### CHEPSTOW CHORAL SOCIETY

Chepstow Choral <u>Society is</u> now back in "concert preparation business" following our hugely successful 40th Anniversary Year.

How do we top that? Answer -- The Music Team and CCS Committee have unanimously endorsed that we now "move on" to 2020 and beyond with a programme for this season that is very different, will make people sit up, take notice – and hopefully think "Wow! I may really enjoy this!"

On APRIL 4th 2020 in St Mary's Church, CCS will perform Will Todd's Mass in Blue – a 40-minute jazz-style Mass composed in 2003 and now becoming a serious choice for choral societies throughout the country. It is refreshingly different, but equally beautiful, with solo jazz soprano, alto saxophone, double bass, drums and piano accompaniment. The programme will also include William Lloyd Webber's Missa Princeps Pacis – a 20th century 11-minute gem, in complete contrast, and Bob Chilcott's Jazz Songs of Innocence, and other items.

This WILL be a programme for all. Our choir, used to performing conventional choral classics, are rising to this challenge with real vigour and plenty of enjoyment! And -- we are NOT abandoning our classical choral home. Already planned for the next two years <a href="mailto:are-mailto

Also, our Christmas programme – <u>SUNDAY DECEMBER 8<sup>th</sup></u> <u>3.00pm</u> at St Mary's – will include choruses from Handel's *Messiah*, along with our traditional carols and seasonal readings.

WE WELCOME NEW MEMBERS – WHY NOT GIVE US A TRY?

Tel. 623310, Marjorie, for info concerning singing membership, or view our website (www.chepstowchoralsociety.org.uk)

<u>This is a good time to be a member of CCS! – we are YOUR local\_choral society – but\_can only exist with YOUR support!</u>

Thank you. On behalf of <u>CCS - Marjorie Duerden</u>



Itton Village Hall - Friday 15th November 2019

# Join us

Itton Common

★ Village Hall

Itton Church

\*\*Iton Chepstow\*\*

for a sing at our Open Taster Evening at IttonVillage Hall from 7.0pm on Friday November15th ...

...and you could be joining us for the Festival of Male Voices at the Royal Albert Hall, London in May 2021

WE'RE HOLDING A FREE OPEN REHEARSAL (refreshments provided, partners and families welcome) TO GIVE YOU A TASTE OF SINGING WITH ONE OF MONMOUTHSHIRE'S ESTABLISHED CHOIRS. NO AUDITIONS, NO SIGHT READING, NO EXPERIENCE NECESSARY. NO OBLIGATION. YOU DON'T EVEN HAVE TO BE WELSH, BUT YOU DO HAVE TO BE MALE.

**OR** Why not look in on one of our regular rehearsals at **The Dell School**, **Chepstow**, **NP16 5UQ** at 7.0 pm every Monday and Thursday?

Our male voice choir combines the majesty of a choral society, the serenity of chamber choir, the power of a rock choir, the fun of barbershop, the joy of gospel singing and the inclusivity of a community choir

...singing for fun, health, community and Country! for more information go to: https://chepstowmvc.co.uk/





### **Shirenewton Primary News**

"Learning Together, Achieving for Life"
"Dysgu Gyda'n Gilydd, Cyflawni am Qes"







### FOOTBALL NEWS



Our football teams played extremely well against local schools last week with the Year 3/4 team winning all their matches and the Year 5/6 team narrowly losing just one game 1-0. They are now looking forward to playing in the Monmouthshire finals.

#### ENRICHING THE CURRICULUM



Foundation Phase children are enjoying the first of their enrichment choices this term – we have the following enrichment sessions running up until half term ... Just Dance, Mad about Science, Gym Stars, Super Sports, Master Chef, Animal Husbandry, Safe Cycling & Glorious Gardeners.

#### MACMILLAN CANCER CARE



Thank you to all the parents, children and staff who supported our Macmillan Coffee Morning and helped us raise £310.27 for this good cause.

### HEALTH & WELLBEING SESSIONS



A new addition to the curriculum for Key Stage 2 children this term is our Health & Well Being sessions – these run for 30 minutes, three times a week – the activities are chosen by the children and change every month. In September, they could choose from Pilates, Just Dance, cricket/gymnastics, Hula Hoops/Skipping/Daily Mile. This month, the children can choose between lacrosse, table tennis, origami/drawing, singing, Hula Hoops Skipping/Daily Mile.

### LESSONS FOR LIFE

Foundation Phase classes had a visitor from the "Cool Kids Wear Lids" campaign who taught them the importance of wearing the correct accessories when riding their bikes or scooters.

As part of their "Shactober" campaign the Welsh Ambulance Service have taught Year 4 and Year 5 pupils lifesaving skills, including how to use a defibrillator and the appropriate use of 999.

PC Finister visited to remind the older children about how they can keep safe online.

And, Year 6 have just started a series of learning workshops led by the Monmouthshire Youth Service to help them gain an understanding of topical issues they may encounter when they start secondary school.

### CHRISTMAS FAYRE

Please pop along to our PTA Christmas Fayre on Saturday 14th December 11am-2pm.

## Canolfan Gymraeg Cas-gwent

## Chepstow Welsh Centre

We need more help from Welsh speakers in the area to be engaged in the running of the new Welsh Centre and to support the Welsh Society in general. At present only the same relatively few people support events regularly. If you are a fluent speaker/advanced learner in the area please come and support the centre and the re-establishment of Welsh in this part of Wales.

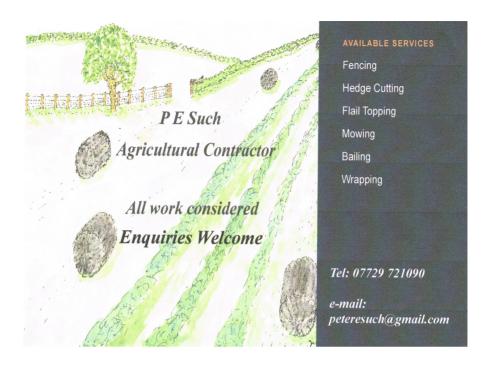
For further information

www.cymgymcasqwent.weebly.com

<u>Lynnedavies home@btinternet.com</u> 07889599948

### Congratulations to our 200 Club winners in October

William Broughton Nansi Davies Brian Barr Ian Waite





### New Shirenewton 800 events

Dates for your diaries – save the date

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### **Shirenewton Babies and Toddler Group**

Thursdays 1.30 – 3p.m. (term time only)

Shirenewton Recreation Hall



Great toys, good company – everyone welcome
(please bring your Carers too!)
Contact Jackie Broughton (01291 641797)

Shirenewton Church Website www.shirenewtonchurch.com www.shirenewtonshop.com

As we approach that shopping time of year I have some bad news from the front line! It appears that very few of you are using

www.shirenewtonshop.com. Income to date (mid October) this year is less than £100. 2018's income



was £402 and I can't see how we can get anywhere near that this year. There is some money in a couple of the affiliates accounts which will not be paid out until we reach a payment threshold (typically £20 - £25) but even reaching these thresholds would not materially change the equation.

£100 simply isn't worth the effort involved! So, unless income increases, I'll be terminating the shopping website next year! Do worry I won't do anything stupid! I plan to gradually reduce it to the shops which will get us over the line on the threshold payments and I'll be sure to keep you all informed so you can help in the one last effort! That's the plan unless you collectively give me a bloody nose and suddenly increase your spending through the site and then I may be forced to give it another year. It's a shame as the shopping portal has delivered in excess of £11,000 to the church since it was launched in 2003. But with the increasingly stringent rules on tracking it is perhaps an idea which has had its time.

To be clear, this will not affect <a href="www.Shirenewtonchurch.com">www.Shirenewtonchurch.com</a> which is the 'brochureware' church website. I intend to keep that going until either the church asks me to stop or I run out of the mental capacity or some other unforeseeable event or, in my wildest fantasies, someone offers to take it off my hands!

At the time of writing the MSM are reporting that, as the BBC website's headline has it: "UK's controversial 'porn blocker' plan dropped". So the government has finally recognised reality! You can't stop the relentless march of technology.

You may recall I discuss this topic in May when I noted that "it will be interesting to see whether it makes any difference in practice. Most adult websites are hosted outside of the UK and for those that do go to the trouble and expense of implementing the age verification checks, there are multiple ways around the block – primarily by using a VPN to suggest to the website that you are not accessing it from the UK."

I also noted that VPNs are increasingly being built into the browser and therefore the increasingly easy ability to circumvent the proposals was always going to mean that they failed to make any material difference.

The simple fact is that parents already have the ability make it really difficult for their kids to access adult content. As noted in May, most mainstream ISPs (Internet Service Providers, i.e. BT, Virgin, Sky, Plusnet, Talk Talk, etc.) offer

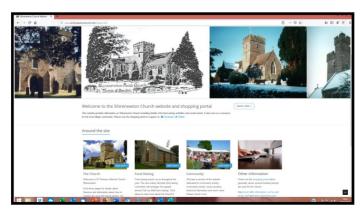
parental controls which you can use to ensure that no one attached to your internet can access adult content. By switching on the filter at your router you stop anyone connected to your home's internet connection accessing adult content. Clearly mobile phones can bypass this block using mobile data. Again, as mentioned in the May issue, you can install virus protection which includes the ability to block adult content on mobiles. I specifically mentioned the Trend Micro app although I have no personal experience of it and a little research on your part will undoubtedly make you much more of an expert than me.

It's worth noting that I say "make it really difficult for their kids to access adult content" rather than "stop them" as there are always ways around the blocks. If this is a concern, a quick search reveals two sites worth reading: "5 Ways to Bypass Internet Censorship and Filtering" from How-To Geek (<a href="https://tinyurl.com/y5cbjoux">https://tinyurl.com/y5cbjoux</a>) and, on the other side of the coin, "How to Block Porn on Any Device. For Free" from Protect Young Eyes (<a href="https://tinyurl.com/y9vaploi">https://tinyurl.com/y9vaploi</a>)

I'm not sure how many of the lovely Parish Magazine readers are on Facebook, but if you are I'd strongly suggest that you join the local community pages. There is an active Shirenewton/Mynyddbach/Earslwood group and a very active group for Chepstow and a separate very active one for Caldicot. There are many others as well. These groups have many uses and, while a fair amount of what is posted is rubbish, the occasional interesting and useful content makes it a useful resource for local people.

So, on that happy note, I'll sign off. Please do try and do your online shopping via <a href="https://www.shirenewtonshop.com">www.shirenewtonshop.com</a> if only to get us over the payment thresholds so I don't have to leave any cash behind when I terminate it!

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# SHIRENEWTON VILLAGE MARKET

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### **Gardening Corner**

After well over fifteen years writing this page, I have to keep referring back to the previous month's articles to try and ensure I don't write about the same things again and again. Thumbing through last month's I mentioned about the continuing dry weather – someone please kick me if I ever mention that again. In the last month there may have been one dry day – but I'm struggling to remember when that might have been. Needless to say, most gardening activity outside has virtually come to a halt as the soil is now saturated and there is nothing much that can be done without making either a huge mess, or destroying the soil structure.

I had hoped to have continued clearing out the old flower beds that are full of weeds and some particularly nasty brambles, but these are now going to have to wait. This maybe next spring now, unless we get some dry weather during the next few weeks.

I do have a number of jobs I can get on with inside the greenhouses and tunnels, the main one being to clear out all of the old crops – which have all but finished now. I had hoped that the tomatoes would have carried on a little longer, but the large ones, which we grow for making sauces with, have started to rot badly now because of the wet weather. Not so much because they are getting wet themselves, but more the damp atmosphere which is resulting in a lot of mould. So I'm going to have to clear these out. The small eating tomatoes may last a little longer so I'll try and nurture them a little bit more if I can. We seem to have had a lot of problems with bugs and beasties this year. So much so, that I have cut down the last remaining apricot tree. It had contracted silver leaf disease, but was then attacked by some small moth that laid its eggs on the leaves, which then started eating the leaves and attacking any fruit that it could find. As a result they started to spread to the blueberries and even some of the peppers and tomatoes as well. I have a feeling that this is going to cause problems with whatever I try to grow in the big tunnel next year, so I'm going to have to think about what I do and what crops I grow. The tunnel is way too big to try and fumigate, so I may have to resort to growing crops that might not get attacked, grow them early, and then resort to possibly spraying if I have to. Hopefully if I can break the cycle, then I can get on top of the problem. In the smaller tunnel the cucumbers have also finished, succumbing to red spider mite. One of the best ways to avoid this becoming a problem is to either spray the leaves every day with water – as the mites prefer a warm dry atmosphere – or using a biological control, usually a small parasitic wasp. I never have enough time for the former, and although I have tried a biological control in the past, I have never had a great deal of success, but maybe it's time to give it another go. For now though I can just clear everything out and get the beds weeded. This will at least avoid pests building up any further, by removing and burning all of the old plant material.

The large greenhouse also has some tomatoes in. They were meant to be a prizewinning variety, but the hot weather earlier in the year knocked them for six,

and although some of the plants recovered they have never done any good. I did pick some and mixed in with the larger ones when making a sauce, but the skins were very tough and didn't cook down very well. Fortunately the method I use to make the sauce requires it to be murdered by using a hand blender so any tough skins or lumps are soon blitzed, leaving a very smooth and tasty product at the end. Ideal for a chilli, spaghetti bolognaise, or lasagne recipe.

Even though the soil is very wet I will still be able to do some weeding in the vegetable beds. This is because our soil is quite free draining and has little clay in the surface layers, so it can be easily shaken off the weeds after a day or so of dry weather. The raised beds are only five feet wide too, which means that it is easy to reach across without standing on the soil. This year I'm going to try something slightly different in that I am going to weed the beds, but not dig them over as such. Those that need some manure will get a good layer over the top, whereas the rest will be left un-manured. I then intend to cover over each bed with some ground cover material in order to keep the worst of the weather out and prevent any further weeds from germinating – which they seem to continue to do even during the winter months. Hopefully by spring it will then just be a simple job of removing the covers and start growing again. Slugs hiding underneath may be a problem, but these can soon be dispatched.

I haven't planted any shallots or garlic as yet and I still have to make up my mind whether to bother or not. Last year I managed to keep some of the crop stored until early spring and then used some of these for growing on again for this year. For the shallots, this worked particularly well and I had a good crop – especially the French cooking shallots which give stews and casseroles a lovely flavour – they're not bad with liver and bacon casserole either! As well as being successful saving your own 'seed' saves quite a bit of money too, as shallots cost five or six pounds now for around 20 odd bulbs for planting out. I always used to grow our onions from heat treated setts. These are small bulbs that have been treated, retarding their growth until they are planted in the ground, usually in the following spring. I always had mixed results with these and for the last two or three years I have, instead, tried growing our onions from seed. Generally the results have been much better, so I intend to do the same again next year. Many of the seed catalogues have started arriving, so it will soon be time to sit down and ponder what to purchase. The cost of seed has gradually gone up over the years, so I do try to save as much of our own as possible. This is fine for the older, non F1 hybrid varieties, such as most of the beans, peas and potatoes etc. But most varieties available now-days are hybrids, so seed is not worth collecting as you will end up with very varied results.

I have started cutting all of our hedges, but still have a lot to do. There is plenty of time yet for this activity. The only downside is that, the longer you leave them, the more 'woody' the growth becomes, so it is simply harder to cut and knocks the machinery – as well as the operator – about more than it needs to. The answer is to cut twice a year and get in as early as you can to start. Good in theory, but not so easy in practice, as hedge-cutting vies with a hundred and one other jobs, all needing your attention first!

I do have a few odd jobs that I do need to get on with sooner rather than later. The fruit cage has done well in keeping the bulk of the wildlife away this year, but I do need to take the top net off as soon as I can. Hopefully we won't be due any snow just yet, but the original cage was damaged beyond repair one year when we had a heavy fall of wet snow, that built up on the netting and the weight of which eventually destroyed the net and frame. I don't want a repeat having only just managed to resurrect the cage earlier this year. So I need to either take the net off altogether or roll it up to the sides. At the same time I'll cut the old blackberry canes off and tie in the new growth ready for next year's crop. Next job will be to attach labels to all of the dahlias so that I know which are which, before the first hard frost comes along and kills all of the top growth off and then they get all muddled up. When I went to work the other morning the car read just three degrees, so this will be a priority. Next job will be to dig up all of the gladioli corms for drying off and sorting out. The small or damaged corms will then be discarded but the rest will be stored ready for planting next year.

I did manage to extract all of the honey a few weeks ago. Fortunately the bulk of this was still guite runny so relatively easy to extract. In the end I bottled up a little over 160 pounds of honey. This is a very time consuming job (washing and sterilising jars, weighing and then cleaning everything up afterwards), but it is very satisfying work. Despite all of my best efforts the weaker hives which I had intended to join up with stronger ones were defeated by the wasps - and then the robbing bees. So I had to remove the empty frames to prevent wax moth damage and disease. These will be cleaned up, sterilized using a blow torch and then stored for next years use. Fortunately I treated the hives with an anti varroa mite medicine during the last decent bit of weather. The temperature needs to be above 15 degrees for the treatment to work effectively so I was very lucky, as the recent weather will have been no good at all. I need one decent day now to be able to open the hives up, remove the gueen excluders and then shut the hives down ready for the winter months ahead. This job really needs to be done in October so fingers crossed for one or two 'Indian summer' days in the next week or two.

Happy gardening until next time. Steve and Felicity Hunt.

# SHIRENEWTON LOCAL HISTORY SOCIETY Registered Charity No. 1090167

We have a full programme for 2019/2020, I'm sure there is something there for everyone. Visitors are welcome (£2). Single annual membership £10.00, double annual membership £15.00. We have 11 meetings during the year at the Huntsman Hotel with a speaker, 12 Archive Meetings at the Recreational Hall.

Winter Solstice Walk Friday, 27<sup>th</sup> December, 2019 Rogation Sunday, Beating the Bounds, 17<sup>th</sup> May, 2020

10 <sup>th</sup> November	Archive Meeting
26 <sup>th</sup> November	18 <sup>th</sup> Century Smugglers
8 <sup>th</sup> December	Archive Meeting
16 <sup>th</sup> December	Rogiet Church Visit
13 <sup>th</sup> January 2020	Archive Meeting
28 <sup>th</sup> January	Repairing the Pyramids
10 <sup>th</sup> February	Archive Meeting
18 <sup>th</sup> February	Annual Dinner
9 <sup>th</sup> March	Archive Meeting
31 <sup>st</sup> March	`Treasurers'
13 <sup>th</sup> April	Archive Meeting
28 <sup>th</sup> April	Lord Raglan
11 <sup>th</sup> May	Archive Meeting
17 <sup>th</sup> May	Rogation Sunday, Beating the Bounds
26 <sup>th</sup> May	T.B.D.
8 <sup>th</sup> June	Archive Meeting
13 <sup>th</sup> June	Shirenewton fete
30 <sup>th</sup> June	Wyndcliffe House
13 <sup>th</sup> July	Archive Meeting
28 <sup>th</sup> July	Severn Tunnel

### **FAIRTRADE NEWS OCTOBER 2019**

Here are some facts about chocolate and cocoa production from the Fairtrade Foundation's website:

1 In 1994 Green and Black's launched the first Fairtrade product in the UK, Mayan Gold. (Green and Black's is now owned by Kraft (re-named Mondelez – you know, the company that bought Cadbury and promised not to shut its UK production down!)



- 2 Now, about 12% of total UK chocolate sales are Fairtrade or rather 88% are not!
- 3 Most cocoa farmers have never tasted chocolate but farmers in Ghana now own 44% of the Divine company, launched in 1998.
- 4 Cocoa is produced in the tropics, between 10 degrees north and 10 degrees south of the equator. Ghana and the Cote d'Ivoire are the two top producing countries.
- 5 Trees produce beans after 5 years, and continue producing for 10 years. A tree produces about 1,000 beans a year enough for a kilo of chocolate.
- 6 90% of cocoa is grown by around 1 million farmers on small farms. 25% of farmers are women.

## 7 MOST COCOA FARMERS IN GHANA AND COTE D'IVOIRE LIVE ON LESS THAN \$1 A DAY.

8 Plummeting world cocoa prices mean that farmers do not get a proper reward for their work.

Consequently young people are turning away from cocoa production – the average age of a cocoa farmer is 50+.

Small scale farmers have little influence on the huge multinationals that largely control the industry. You will not be surprised to know that company profits continue to grow and that their management is remunerated.

On a lighter note, when I visited a cocoa farm in Costa Rica we were shown the methods of production. In ancient times the women had to crush and grind the beans on large flat stones – 'What were the men doing whilst this labour was going on?' I asked. 'Dancing round' (ritually of course!) was the answer. It reminded me of a TV program I'd seen about a hunter-gatherer tribe in West Africa. The men returning with an animal they'd managed to shoot – after several days, being feted by the women who'd spent almost every waking hour picking fruit and berries and digging for roots, selecting and cooking plants and generally keeping the show on the road!

Don't forget Fairtrade chocolate in the run up to Christmas – Divine Advent Calendars (milk and dark) are available from Oxfam in Chepstow. In due course they will have chocolate coins too. The Divine tasting sets would also make a lovely gift. Oxfam also has a lovely selection of decorations, crackers (to fill yourself) recyclable wrapping paper and general gifts and cards. (AND lots of wonderful cheap second hand ('pre-loved'!) clothes etc!)

Ethical Superstore and Traidcraft have many FT products.

Marion McAdam 01291 641 316 msm316@gmail.com

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## SHIRENEWTON W.I. BRAIN IMAGING



Dr James Kolinski, a research doctor from Cardiff University Brain Imaging Centre, gave a most insightful talk to our members at our October meeting. He explained how his research team used technology to take digital images of the brain in order to analyse brain activity and get a better understanding of neurological and psychiatric disease. Their research aims to improve our understanding of the effects of a Stroke, Multiple Sclerosis and Alzheimer's on brain activity. Also he is involved in a study called Bio Bank, where his team's research examines the effect of aging on brain activity. Thankfully James was most reassuring about this. MRI scanners are used to produce these images and James' explanation of how scanners work was so clear that even I could follow it!

Although a very serious subject, James' presentation was both entertaining and amusing. We all felt that we had learnt a lot that evening and MRI scans didn't seem nearly as daunting after James' talk.

### Jackie Broughton

Shirenewton W.I's next meeting is on Thursday 14<sup>th</sup> November at 7.15 at Shirenewton Recreation Hall. It is a craft evening ... making flowers. Everyone is welcome. Please contact Diane Ashton Smith (01291 628838) or Jane Butterworth (01291 641704) for further details.



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## Come Along to the

### Shirenewton Church Sunday Club Advent Fair

Sunday 1st December

In the Church Room

11:00 - 12:00

Jams, Jellies, Mincemeat, Marmalade, Cakes, Cookies and Biscuits

Christmas Crafts and Cards

Coffee and of course, mince pies!

The members of Sunday Club have chosen to sponsor a child through 'Compassionuk,'





### Carols Around The Village Christmas Tree!

with The Chepstow Town Band! Sunday 8<sup>th</sup> December at 6:30 In the Tredegar Arms carpark (or in the candle-lit church if it's raining) Collection to: 'Medicines sans Frontiers'



'Christmas Praise' Service in Shirenewton Church

on

Sunday 15<sup>th</sup> December at 10 o'clock With poems, carols, readings and 'Recollections', Followed by coffee, cake and possible a mince pie in The Church Room

Shirenewton Church
Our Nativity and Christingle Service
Christmas Eve
Tuesday 24<sup>th</sup> December at 4.00



What a lovely way to start Christmas!

If you have ever wanted to be an Angel or a Shephend or whether you just want to be part of the crowd waiting to welcome the Baby Jesus, come along to our Nativity and Christingle Service on Christmas Eve at 4:00. And this year, we can accommodate 'families' joining the journey.

With, of course, Mulled Wine and Mince Pies afterwards in the Church Room

### **Spanish Lessons**



Are you thinking of taking a few lessons for your holidays? Do you need to improve your skills as a Spanish speaker?

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#### SUNDAY NEWSPAPERS



Sunday newspapers are available by pre-order for collection from the Saysell Centre (also known as the Church Room) between about 9.45am and 11.15am most Sundays.

If you would like us to collect a paper for you, please call Andrew Baker on 641925 or sign up here shirenewtonpapers@gmail.com



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#### **STARGAZING**

In the evening sky in November, the bright planet Jupiter is just above the horizon in the south-west. The rather fainter planet Saturn lies to the left of Jupiter. It has a slightly yellow colour. In the early morning sky, the orange planet Mars is in the south-east. It's close to the bright star Spica. The crescent Moon is near Saturn on 2<sup>nd</sup> November and just above Mars on the 24<sup>th</sup>.



The seven stars of the Plough lie to the North in the evening. Those of us with particularly good eye-sight can see that Mizar, the star that is the second along the handle of the plough, is in fact a double-star.

The "W" of Cassiopeia lies nearly overhead. In Roman mythology Cassiopeia was queen of the ancient kingdom of Aethiopia. She was chained to her throne as a punishment for being boastful, and placed in the heavens to sometimes hang upside down. The band of stars making up the Milky Way runs through Cassiopeia.

The Milky Way is best seen from the countryside, away from city and even village lights. There have been no really large telescopes of the type used by professional astronomers in the UK for 40 years or more. This is at least partly due to the effects of street lighting.

The Leonid meteor shower is due on the nights of 17th and 18th November – you may be lucky enough to see meteors, often called shooting stars, in the vicinity of the constellation Leo. Leo rises in the East around midnight. Meteors are caused by tiny grains of dust burning up as they enter Earth's atmosphere. The dust particles result from the break-up of comets, and travel in swarms around the Sun around the same orbit as the original comet.

#### SHIRENEWTON HARVEST LUNCH

A huge thank you to all the people who made the Harvest Festival Lunch such a success this year at Earlswood Hall. In particular, a big thank you to Jane Eickhoff and Noelyn Prout for organising the food and the volunteers (what a feast!), Bob Millar for organising and running the bar, Paul Morecombe for conducting the auction, ably assisted by Glynis MacDonald and Ben and Daniel, who all helped to make the raffle and auction go smoothly, and to all those who sold raffle tickets. The event raised over £600 for St David's Hospice Care, and the exact amount will be reported next month.



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#### **DEFIBRILLATOR LOCATIONS**

(Cabinets do not require codes, they are unlocked although they have a key pad)

Carpenters Arms (on the Usk road)

Huntsman Hotel (on the Usk road



Tredegar Arms (Shirenewton village)

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Earlswood Hall (Earlswood)
Shirenewton School

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# Life Changes COFFEE MORNING

At the Tredegar Arms Shirenewton

1st FRIDAY OF EACH MONTH

#### **READERS AND SIDESPERSONS**

Date	Sunday Service	Readers	Sidespersons
3 <sup>rd</sup> November	All Saints Day	John Montague James Leney	Claire Lewis
10 <sup>th</sup> November	Third Sunday Before Advent; Remembrance Sunday	Various readers	
17 <sup>th</sup> November	Second Sunday before Advent	Mark Broughton Jane Smith- Haddon	Mark Broughton
24 <sup>th</sup> November	Christ The King	Bill Clark Janet Horton	Bill Clark Janet Horton
1 <sup>st</sup> December	First Sunday of Advent	James Leney Aileen Doggett	Aileen Doggett
8 <sup>th</sup> December	Second Sunday of Advent	John Montague Ruth Savagar	Claire Lewis
15 <sup>th</sup> December	Third Sunday of Advent	Mark Broughton Diane Marlow	Mark Broughton
22 <sup>nd</sup> December	Fourth Sunday of Advent	Chris Sturke Margaret Sturke	Chris Sturke Margaret Sturke
24 <sup>th</sup> December	11.30 pm Midnight Mass	TBC	TBC
25 <sup>th</sup> D <u>ecember</u>	Family Service	TBC	TBC
29 <sup>th</sup> December	First Sunday of Christ- mas	Group Service	At Mounton Church

#### **CHURCH COFFEE ROTA**

Sunday 3 <sup>rd</sup> November	Lynne Morecombe and Kerry Baker
Sunday 10 <sup>th</sup> November	Claire Lewis and Diane Marlowe
Sunday 17 <sup>th</sup> November	Cynthia Smith and Frances Grey
Sunday 24 <sup>th</sup> November	Bill Clark and Janet Horton
Sunday 1 <sup>st</sup> December	Jackie and Mark Broughton
Sunday 8 <sup>th</sup> December	Kerry and Andrew Baker
Sunday 15 <sup>th</sup> December	Gilly and Graham Lambert
Sunday 22 <sup>nd</sup> December	Ruth Savagar and Aileen Doggett

#### **LOCAL DIARY DATES**

NOVEMBER 2019	Event	Location		
Fri 8 <sup>th</sup> 7.30 pm	Bring and Share – Andrew Baker "My time in Nigeria"	Saysell Centre/Church Room		
Sat 16 <sup>th</sup> 10.30-12.30	Christmas Village Market	Recreation Hall		
DECEMBER 2019	Event	Location		
Sun 1 <sup>st</sup> 11.00-12.00	Advent Fair	Saysell Centre/Church Room		
Sun 8 <sup>th</sup> 6.30 pm	Carols round the Christmas Tree	TA Car Park		
Sun 15 <sup>th</sup> 10 am	Christmas Praise Service	St Thomas à Becket Church		
Tues 17 <sup>th</sup> 4 pm	Shirenewton School Christingle	St Thomas à Becket Church		
Sat 21 <sup>st</sup> 10.30-12.30	Christmas Village Market	Recreation Hall		
Sun 22 <sup>nd</sup> 6 pm	Service of nine lessons and carols	Caerwent Church		
Tues 24 <sup>th</sup> 4 pm	Nativity and Christingle	St Thomas à Becket Church		
Tues 24 <sup>th</sup> 5 pm	Mulled wine and mine pies	Saysell Centre/Church Room		
Tues 24 <sup>th</sup> 11.30 pm	Midnight Mass	St Thomas à Becket Church		
Wed 25 <sup>th</sup> 10 am	Family Service	St Thomas à Becket Church		
JANUARY 2020	Event	Location		
Thurs 24 <sup>th</sup> – Sat 26 <sup>th</sup> 7.30 pm	Pantomime	Earlswood Hall		
FEBRUARY 2020	Event	Location		
Sat 15 <sup>th</sup> tbc	St Woolos Players – <b>S800</b>	St Thomas à Becket Church		
Fri 21 <sup>st</sup> 7.30 pm	Bring and Share – John Burrows (see article)	Saysell Centre/Church Room		
MARCH 2020	Event	Location		
Fri 13 <sup>th</sup> 7.30 pm	Bring and Share – Jenny Bonner	Saysell Centre/Church Room		
APRIL	Event	Location		
Fri 17 <sup>th</sup> 7.30 pm	Bring and Share – Mary Watkins "Rugby in Rwanda"	Saysell Centre/Church Room		
Sat 18 <sup>th</sup> tbc	Monmouth Big Band and Strictly Shirenewton – <b>\$800</b>	Earlswood Hall		
MAY 2020	Event	Location		
tbc tbc	Something Sultry concert – <b>\$800</b>	Saysell Centre/Church Room		
Events marked <b>S800</b> are part of the Shirenewton 800 Celebrations				

#### LOCAL CONTACTS

If you know of any changes or omissions please contact the Editor Bill Clark Telephone 01291 641783 or email parishmagshirenewton@gmail.com

#### Church of St Thomas à Becket, Shirenewton

Rector	Revd Julian White	01291 622317
Rector		01291 022317
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Parish Priest	Revd Nansi Davies CBE	01633 400 519
Lay Eucharistic Minister	Gilly Lambert	01291 641 175
Parish Visitor Coordinators	Revd Nansi Davies CBE	01633 400 519
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– People's	Andrew Baker	01291 641 925
PCC Secretary	Bill Clark	01291 641 783
PCC Treasurer	Graham Lambert	01291 641 175
PCC Members	Aileen Doggett	01291 641 459
	Charles Eickhoff	01291 641 716
	Janet Horton	01291 641 783
	James Leney	01291 641 271
	Jane Smith-Haddon	01291 641 525
	Frances Gray	01291 622 465
	Paul Morcombe	01291 641 671
	Kevin Bounds	01291 641 818
Gift Aid Secretary	Ruth Savagar	01291 641 411
Organists	Karen Millar	01291 650 521
Organists		01291 630 321
	Ruth Savagar	
Compiler Cloth	James Leney	01291 641 271
Sunday Club	Lynn Morcombe	01291 641 671
Tower Captain	Mike Penney	01291 650 653
Saysell Centre Booking	Glynis MacDonald	01291 641 818
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Church Flowers	Maureen Moody	01291 641 524
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Published: by The Church of St. Thomas à Becket Shirenewton

Editor: Bill Clark 01291 641783 email: parishmagshirenewton@gmail.com

The cost of the Magazine is £1.20 per issue/10 issues for £12. Copies are delivered free by local distributors to those who have pre-paid. Monthly copies are available at the Church.

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Deadline for Dec 2019/Jan 2020 issue is 9:00 a.m. 25th November 2019